



4th Annual Los Altos Hills Pathways Run

Los Altos Hills Parks and Recreation

10K & 5K Run/Walk 1 mile Fun Run

Saturday, May 7, 2005, 9:00 A.M.

FEES (payable to LAHPRD)

10K-\$25.00

5K -\$20.00

1M -\$10.00

Registration after 4/30/05 add \$5.00

ENTRY FORM AND ONLINE REGISTRATION

www.active.com or www.losaltoshills.ca.gov

REGISTER BY MAIL:

Must be postmarked by April 30, 2005

Mail completed and signed entry form to:

LAHPRD

c/o Pathways Run

26379 Fremont Road

Los Altos Hills, CA 94022

AWARDS (5K and 10K)

Top overall, male and female finishers in ages U19, 20-29, 30-39, 40-49, 50-59, 60+ All children under 12 in the 1-mile fun run will receive a finishers medal.

COURSE:

5K and 10K races start at 9:00 AM

at Westwind Community Barn

27210 Altamont Road.

1-mile fun run starts at 10:30 AM

Course consists of rolling hills through the Los Altos Hills Pathway system and Byrne Preserve.

RACE INFORMATION: Call the Los Altos Hills Parks and Recreation Department @ (650) 941-7222 ext. 241, visit www.losaltoshills.ca.gov for course maps, or E-mail: jforbis@losaltoshills.ca.gov



SEX: M ☐ F ☐ AGE: _____

10K ☐ 5K ☐ 1 mile ☐

LAST NAME: _____ FIRST NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

TELEPHONE#: _____ EMAIL: _____

T-SHIRT SIZE: Youth S ☐ M ☐ L ☐ Adult S ☐ M ☐ L ☐ XL ☐ XXL ☐

OFFICIAL USE ONLY

Release and assumption of risk. In consideration of the acceptance of my participation in the Los Altos Hills Pathways Run, I hereby release and discharge any and all claims for damages, death, personal injury or property damage which I (or my minor child, if applicable) may have, or which may hereafter accrue to me (or my minor child) as a result of my (or my minor child's) participation in this event. This release is intended to discharge in advance the Town of Los Altos Hills and its officials, agents, volunteers, employees and roadway or pathway property owners from and against any and all liabilities arising out of or connected in anyway with my participation (or minor child's participation) in this event, even though that liability may arise from their negligence in organizing, planning and implementing this event. I further understand that accidents can occur during the Los Altos Hills Pathway Run and participants in such events can sustain personal injuries and/or property damage as a consequence. Knowing the risks, nevertheless, I hereby agree to assume those risks and to release and discharge all of the persons or agencies motioned above who (through negligence or carelessness) might otherwise be liable to me (or minor child or my heirs or assigns) for losses, injuries, damages or liabilities. It is further understood and agreed that this waiver, release and assumption of risk is binding on my heirs, executors, administrators and assigns (and on my minor child, if applicable).

Signed: _____ Date: _____

If participant is under 18 years of age, please have parent or legal guardian read and sign above.